



# **Island Lake of Novi Community Association**

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## **FITNESS CENTER**

Fitness Center hours of operation are from 5:00 AM to 10:00 PM daily.

A separate pair of workout shoes is required for use of the treadmills / equipment in the fitness center. Street shoes are not permitted on the equipment. This is to prevent salt, sand and grit from getting into the equipment, causing damage and premature wear and tear to the machines. Management will issue a violation notice and appropriate penalty as outlined in the “Assessment of Fines” provision of this document for any resident who fails to comply with these rules & regulations.

- (1) Doors to the fitness center are to remain closed at all times.
- (2) No food or drink allowed in the fitness room except for bottled water.
- (3) Children under the age of thirteen (13) are not permitted in the fitness room.
- (4) Athletic shoes must be worn – no street shoes.
- (5) No wet bathing suits allowed in fitness room.
- (6) Wipe down equipment after each use.
- (7) Thirty (30) minutes time limit per machine.
- (8) Turn off all equipment, fans, lights and TV upon leaving.